







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## The "IT" list

A guide to trendier living

Published by [news-press.com](#)

• **Hire it:** The wingwoman. A new twist on the old ploy of men using a male sidekick to facilitate a hook-up: hire a woman to do it. A New York computer programmer came up with the idea for wingwomen.com, which charges clients \$50 an hour to provide a gal pal to infiltrate groups of dateworthy women in bars and at parties, according to The New York Times. The wingwoman then works her client into the pool, capitalizing on the notion that men score better when they have a female seal of approval. The potential deal-breaker: What if they find out about the hired help?

• **Book it:** A themed cruise. Set sail on a Caribbean journey into decadence complete with chocolate cocktails, chocolate desserts and chocolate lectures. Cruises centered around a theme — chocolate, '70s rock bands, antiques — are riding a new wave of popularity, reports Knight Ridder News Service. Even "smart cruises" with lectures about American history or European architecture. Finally, something to do between all those meals.

• **Read it:** Rock lit. Bob Dylan's "Chronicles: Volume 1" is just the tip of the autobiographical iceberg. Also hoping to find groupies who can read are upcoming authors Anthony Kiedis of the Red Hot Chili Peppers, Tommy Lee of Motley Crue and Pamela Anderson fame and guitarist Dave Navarro of Jane's Addiction and the Chili Peps. How much sex, drugs and rock 'n' roll can the bestseller list take?

— Drew Sterwald, [dsterwald@news-press.com](mailto:dsterwald@news-press.com)

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